



Witchampton CofE First School
P.E. Curriculum Map

		EYFS (through themes, continuous provision and children's interests)		Years 1 & 2		Years 3 & 4	
		1	2	1	2	1	2
<p>Most of the plans can be found in Val Sabin files: Primary Gymnastics/ Primary Games/ Primary Athletics</p>							
2017 - 2018	Autumn	<p>Dance: (see Val Sabin) To make up simple movements and move to music.</p> <p>Football: Children show good control and coordination and working in a team situation.</p>	<p>Dance: (see Val Sabin) To make up simple movements and move to music.</p> <p>Multi skills - mini circuits usin equipment: Children show good control and coordination using small and large equipment. Using bats/ bean bags/ balls/ hoops/ ropes and quoits.</p>	<p>Dance: (see Val Sabin) To perform dances using simple patterns.</p> <p>Multi skills - activity cards and stations: Master basic skills including running, jumping, throwing and catching.</p>	<p>Dance: (see Val Sabin) To perform dances using simple patterns.</p> <p>Multi skills - circuits: Master basic skills including running, jumping, throwing and catching.</p>	<p>Dance: (see Val Sabin) To perform dances using a range of movement patterns. Compare their performance.</p> <p>Football: Play competitive games, and apply basic principles suitable for attacking and defending.</p>	<p>Dance: (see Val Sabin) To perform dances using a range of movement patterns. Compare their performance.</p> <p>Multi skills - set stations and rotate: Use running, jumping, throwing and catching in isolation and in combination.</p>
	Spring	<p>Gymnastics: Children show good control and coordination in large and small movements.</p> <p>Multi skills - circuits:</p>	<p>Gymnastics: Children show good control and coordination in large and small movements.</p> <p>Playground games:</p>	<p>Gymnastics: Develop skills of balance, agility and coordination.</p> <p>Multi skills - circuits:</p>	<p>Gymnastics: Develop skills of balance, agility and coordination.</p> <p>Ball skills:</p>	<p>Gymnastics: Develop flexibility, strength, technique, control and balance. Compare their</p>	<p>Gymnastics: Develop flexibility, strength, technique, control and balance. Compare their</p>

		Storysize.	Balls skills etc	Master basic skills including running, jumping, throwing and catching.	Master basic skills including running, jumping, rolling, catching and throwing.	performance <u>Dance:</u> Perform dances - Scottish dancing <u>Net/ court games:</u> Play competitive games - attacking & defending.	performance. <u>Invasion/ games tag rugby/ hockey:</u> Play competitive games - attacking & defending.
	Summer	<u>Outside team games:</u> Children can work together in small teams using small equipment - bean bags/ ropes/ hoops / balls.	<u>Athletics:</u> Developing coordination and control and moving confidently in a range of ways. Practicing for sports day.	<u>Athletics:</u> Master basic skills including running, jumping, rolling, catching and throwing. <u>Team games:</u> Play competitive games - attacking and defending. Use small apparatus /relays Encourage children to work together in small teams. Participate in team games, developing simple tactics for attacking and defending.	<u>Athletics:</u> Master basic skills including running, jumping, rolling, catching and throwing. <u>Net and wall:</u> Participate in team games, developing simple tactics for attacking and defending. Sports day practice.	<u>Athletics:</u> Use running, jumping, throwing and catching in isolation and in combination. Compare their performance. <u>Net and wall - Tennis:</u> Play competitive games, and apply basic principles suitable for attacking and defending. Compare their performance.	<u>Athletics:</u> Participate in team games, developing simple tactics for attacking and defending. Compare their performance. <u>Games/ striking - rounders/ cricket</u> Play competitive games, and apply basic principles suitable for attacking and defending. Compare their performance. Sports day practice.

